

# Proven by Pros:

## Testimonials from Elite Athletes

Sweden, January 2025



*“An elite athlete's worst nightmare is getting sick and missing not only competitions but also important training. The immune system is affected during tough training periods. Being exposed to public places during travel to various competition venues, for example, makes us more susceptible than usual to catching colds.*

*That’s why I use ColdZyme, which both prevents and shortens cold symptoms!*

*It’s an obvious choice for me, and I feel it has helped me tremendously in reducing my sick days throughout the year.”*

**Malte Stefansson**

Swedish Biathlete, European Bronze medallist 2023

*“During the Olympic & Paralympic Games in Paris we were grateful to be able to use ColdZyme. The experience of athletes and staff using ColdZyme was very positive, with the aim of preventing infections during the Games. The taste of the product was good, so compliance was easier. Since we encountered relatively few infections within @TeamNL, we believe ColdZyme has contributed to the medal count of our amazing Olympic & Paralympic team and we will continue to use ColdZyme based on our good experiences.”*

## **TeamNL**

Dutch Olympic Federation, 34 medals (15 gold) in Paris, most successful medal tally for TeamNL on record

*“As an elite athlete and NHS doctor, my jobs give me a very high chance of getting ill when I least want it. Using ColdZyme means I miss fewer training days and can be at my best in the hospital without worrying.”*

## **Imogen Grant**

Olympic Gold medallist, NHS<sup>1</sup> worker and MBE<sup>2</sup>

### References:

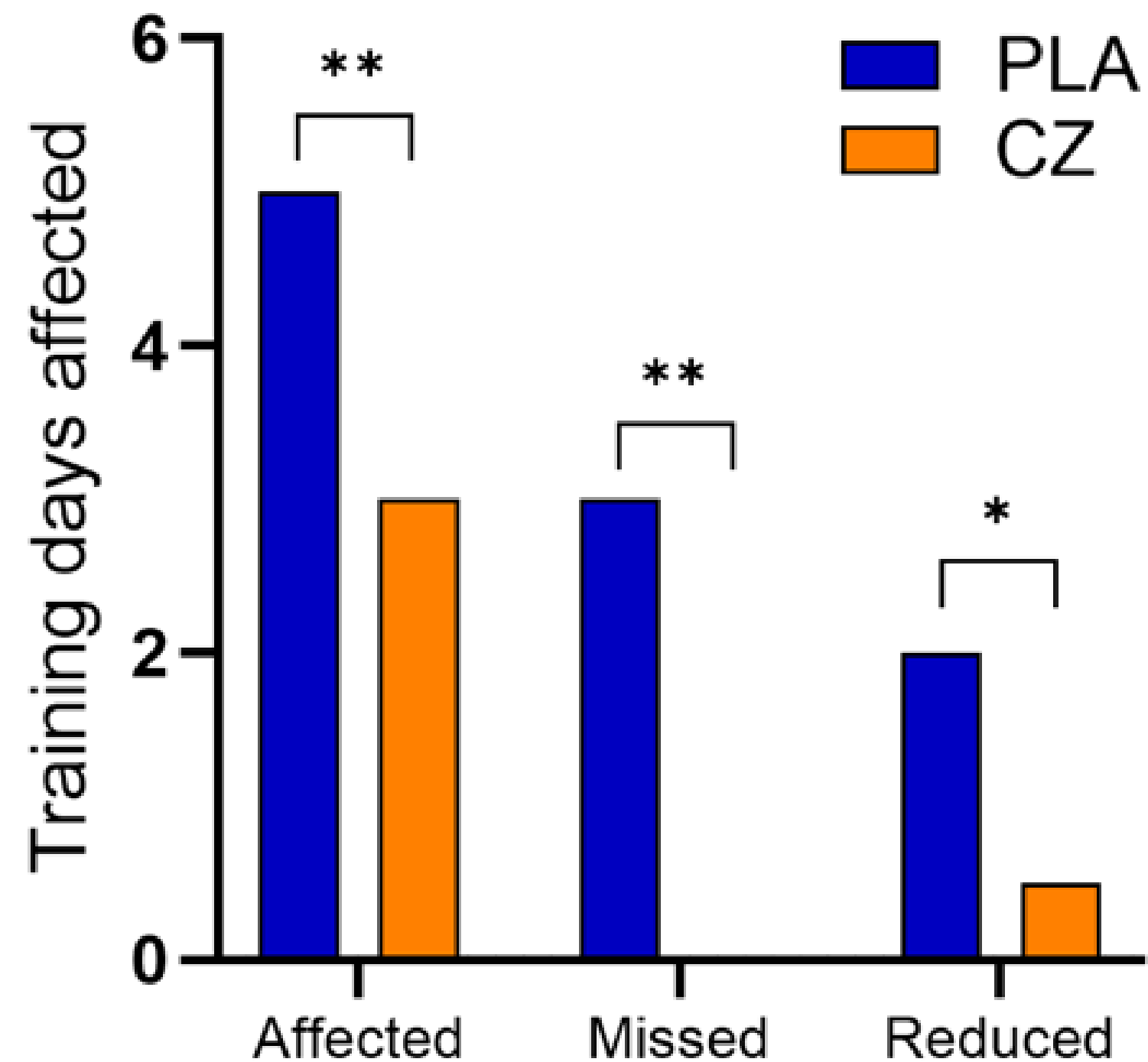
1. NHS, The National Health Service/ United Kingdom
2. MBE, Member of the Most Excellent Order of the British Empire

*“Athlete health is a critical determinant of success in the aquatic sports. ColdZyme is an important part of our mitigation strategy to minimise the impact of illness on performance.”*

## **Aquatics GB**

The national governing body for Swimming, Diving, Synchronised Swimming, Water Polo and Open Water in Great Britain.

# Minimizing Lost Training Days Is Truly Meaningful For Athletes



(\* P < 0.05, \*\* P < 0.01, significant difference between PLA and CZ)

*Illnesses and their influence on training availability during preparation are major determinants of an athlete's chance of performance goal success or failure at the international level.*

***Likelihood of achieving performance goal increased by 7-times in those that completed >80% of planned training weeks.***

*Source: JSAMS, Journal of Science & Medicine in Sports  
5-year prospective study with elite Australian track and field athletes*



# ColdZyme®

---

**Enzymatica AB**

IDEON Science Park, SE-223 70 Lund, Sverige

[info@enzymatica.com](mailto:info@enzymatica.com)

[enzymatica.com](http://enzymatica.com)

[coldzyme.se](http://coldzyme.se)